

2009 Eastern Zone Short Course Championships
Hosted by Fairport Swimming
Session Report

Session: 1 Thursday - 11 & Over Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Women 11-12 200 Backstroke	20	2	09:00 AM	_____
Prelims	2 Men 11-12 200 Backstroke	19	2	09:06 AM	_____
Prelims	3 Women 15-18 100 Breaststroke	15	2	09:13 AM	_____
Prelims	4 Men 15-18 100 Breaststroke	15	2	09:16 AM	_____
Prelims	5 Women 13-14 100 Breaststroke	17	2	09:19 AM	_____
Prelims	6 Men 13-14 100 Breaststroke	18	2	09:22 AM	_____
Prelims	7 Women 11-12 50 Breaststroke	20	2	09:25 AM	_____
Prelims	8 Men 11-12 50 Breaststroke	18	2	09:27 AM	_____
Prelims	9 Women 15-18 200 Freestyle	14	2	09:29 AM	_____
Prelims	10 Men 15-18 200 Freestyle	17	2	09:33 AM	_____
Prelims	11 Women 13-14 200 Freestyle	20	2	09:38 AM	_____
Prelims	12 Men 13-14 200 Freestyle	20	2	09:43 AM	_____
Prelims	13 Women 11-12 100 Freestyle	20	2	09:47 AM	_____
Prelims	14 Men 11-12 100 Freestyle	19	2	09:50 AM	_____
Prelims	15 Women 15-18 100 Butterfly	12	2	09:53 AM	_____
Prelims	16 Men 15-18 100 Butterfly	14	2	09:55 AM	_____
Prelims	17 Women 13-14 100 Butterfly	20	2	09:58 AM	_____
Prelims	18 Men 13-14 100 Butterfly	20	2	10:01 AM	_____
Prelims	19 Women 11-12 50 Butterfly	20	2	10:04 AM	_____
Prelims	20 Men 11-12 50 Butterfly	19	2	10:05 AM	_____
Prelims	21 Women 15-18 400 IM	15	2	10:07 AM	_____
Prelims	22 Men 15-18 400 IM	18	2	10:18 AM	_____
Prelims	23 Women 13-14 400 IM	20	2	10:28 AM	_____
Prelims	24 Men 13-14 400 IM	20	2	10:39 AM	_____
Prelims	25 Women 11-12 200 IM	20	2	10:49 AM	_____
Prelims	26 Men 11-12 200 IM	19	2	10:55 AM	_____
Finals-S	27 Women 15-18 1000 Freestyle	7	1	11:00 AM	_____
Finals-S	28 Men 15-18 1000 Freestyle	8	1	11:12 AM	_____
Finals-S	29 Women 13-14 1000 Freestyle	10	1	11:24 AM	_____
Finals-S	30 Men 13-14 1000 Freestyle	12	2	11:36 AM	_____
	Swimmer Count for Warm-ups: 348	=====	=====		
	Entry / Heat Totals:	506	57		
	Finish Time			11:59 AM	_____

2009 Eastern Zone Short Course Championships
Hosted by Fairport Swimming
Session Report

Session: 2 Thursday - 10&Under Timed Finals

Day of Meet: 1 Starts at 01:20 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	201 Women 10 & Under 100 Freestyle	19	2	01:20 PM _____
Finals	202 Men 10 & Under 100 IM	20	2	01:24 PM _____
	Break: 10 Minutes			
Finals	203 Women 10 & Under 50 Breaststroke	19	2	01:39 PM _____
Finals	204 Men 10 & Under 100 Breaststroke	20	2	01:41 PM _____
	Break: 10 Minutes			
Finals	205 Women 10 & Under 50 Butterfly	19	2	01:56 PM _____
Finals	206 Men 10 & Under 50 Backstroke	20	2	01:59 PM _____
	Break: 10 Minutes			
Finals	207 Women 10 & Under 200 IM	20	2	02:12 PM _____
Finals	208 Men 10 & Under 200 Freestyle	20	2	02:19 PM _____
	Break: 10 Minutes			
Finals	209 Women 10 & Under 500 Freestyle	19	2	02:36 PM _____
	Break: 5 Minutes			
Finals	210 Men 10 & Under 400 Freestyle Relay	10	1	02:55 PM _____
Finals	211 Women 10 & Under 200 Freestyle Relay	9	1	03:00 PM _____
	Swimmer Count for Warm-ups: 114	=====	=====	
	Entry / Heat Totals:	195	20	
	Finish Time			03:03 PM _____

2009 Eastern Zone Short Course Championships
Hosted by Fairport Swimming
Session Report

Session: 3 Thursday - 11 & Over FINALS

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	29 Women 13-14 1000 Freestyle	8	1	05:30 PM	_____
Finals-1	30 Men 13-14 1000 Freestyle	8	1	05:42 PM	_____
Finals	1 Women 11-12 200 Backstroke	20	1u	05:53 PM	_____
Finals	2 Men 11-12 200 Backstroke	19	1u	05:56 PM	_____
Finals	3 Women 15-18 100 Breaststroke	15	1u	05:59 PM	_____
Finals	4 Men 15-18 100 Breaststroke	15	1u	06:01 PM	_____
Finals	5 Women 13-14 100 Breaststroke	17	1u	06:03 PM	_____
Finals	6 Men 13-14 100 Breaststroke	18	1u	06:05 PM	_____
Finals	7 Women 11-12 50 Breaststroke	20	1u	06:07 PM	_____
Finals	8 Men 11-12 50 Breaststroke	18	1u	06:08 PM	_____
Finals	9 Women 15-18 200 Freestyle	14	1u	06:09 PM	_____
Finals	10 Men 15-18 200 Freestyle	17	1u	06:12 PM	_____
Finals	11 Women 13-14 200 Freestyle	20	1u	06:14 PM	_____
Finals	12 Men 13-14 200 Freestyle	20	1u	06:17 PM	_____
Finals	13 Women 11-12 100 Freestyle	20	1u	06:20 PM	_____
Finals	14 Men 11-12 100 Freestyle	19	1u	06:21 PM	_____
Finals	15 Women 15-18 100 Butterfly	12	1u	06:23 PM	_____
Finals	16 Men 15-18 100 Butterfly	14	1u	06:25 PM	_____
Finals	17 Women 13-14 100 Butterfly	20	1u	06:26 PM	_____
Finals	18 Men 13-14 100 Butterfly	20	1u	06:28 PM	_____
Finals	19 Women 11-12 50 Butterfly	20	1u	06:30 PM	_____
Finals	20 Men 11-12 50 Butterfly	19	1u	06:31 PM	_____
Finals	21 Women 15-18 400 IM	15	1u	06:32 PM	_____
Finals	22 Men 15-18 400 IM	18	1u	06:37 PM	_____
Finals	23 Women 13-14 400 IM	20	1u	06:43 PM	_____
Finals	24 Men 13-14 400 IM	20	1u	06:48 PM	_____
Finals	25 Women 11-12 200 IM	20	1u	06:53 PM	_____
Finals	26 Men 11-12 200 IM	19	1u	06:56 PM	_____
Finals-1	27 Women 15-18 1000 Freestyle	8	1	06:59 PM	_____
Finals-1	28 Men 15-18 1000 Freestyle	8	1	07:11 PM	_____
Finals	31 Women 11-12 400 Freestyle Relay	10	2	07:22 PM	_____
Finals	32 Men 11-12 400 Freestyle Relay	10	1	07:31 PM	_____
Finals	33 Women 13-14 400 Freestyle Relay	10	2	07:36 PM	_____
Finals	34 Men 13-14 400 Freestyle Relay	10	2	07:45 PM	_____
Finals	35 Women 15-18 400 Freestyle Relay	6	1	07:54 PM	_____
Finals	36 Men 15-18 400 Freestyle Relay	7	1	07:58 PM	_____
	Swimmer Count for Warm-ups: 186	=====	=====		
	Entry / Heat Totals:	554	39		
	Finish Time			08:02 PM	_____

2009 Eastern Zone Short Course Championships
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Session Report

Session: 4 Friday - 11 & Over Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	43 Women 11-12 200 Butterfly	19	2	09:00 AM	_____
Prelims	44 Men 11-12 200 Butterfly	19	2	09:06 AM	_____
Prelims	45 Women 15-18 200 IM	17	2	09:12 AM	_____
Prelims	46 Men 15-18 200 IM	17	2	09:18 AM	_____
Prelims	47 Women 13-14 200 IM	20	2	09:23 AM	_____
Prelims	48 Men 13-14 200 IM	20	2	09:28 AM	_____
Prelims	49 Women 11-12 100 IM	20	2	09:33 AM	_____
Prelims	50 Men 11-12 100 IM	18	2	09:36 AM	_____
Prelims	51 Women 15-18 50 Freestyle	14	2	09:39 AM	_____
Prelims	52 Men 15-18 50 Freestyle	17	2	09:41 AM	_____
Prelims	53 Women 13-14 50 Freestyle	20	2	09:42 AM	_____
Prelims	54 Men 13-14 50 Freestyle	20	2	09:44 AM	_____
Prelims	55 Women 15-18 200 Breaststroke	16	2	09:45 AM	_____
Prelims	56 Men 15-18 200 Breaststroke	16	2	09:51 AM	_____
Prelims	57 Women 13-14 200 Breaststroke	17	2	09:57 AM	_____
Prelims	58 Men 13-14 200 Breaststroke	18	2	10:03 AM	_____
Prelims	59 Women 11-12 100 Breaststroke	20	2	10:09 AM	_____
Prelims	60 Men 11-12 100 Breaststroke	17	2	10:12 AM	_____
Prelims	61 Women 15-18 100 Backstroke	12	2	10:15 AM	_____
Prelims	62 Men 15-18 100 Backstroke	15	2	10:19 AM	_____
Prelims	63 Women 13-14 100 Backstroke	20	2	10:22 AM	_____
Prelims	64 Men 13-14 100 Backstroke	20	2	10:25 AM	_____
Prelims	65 Women 11-12 50 Backstroke	20	2	10:28 AM	_____
Prelims	66 Men 11-12 50 Backstroke	19	2	10:31 AM	_____
Prelims	67 Women 15-18 500 Freestyle	17	2	10:33 AM	_____
Prelims	68 Men 15-18 500 Freestyle	18	2	10:45 AM	_____
Prelims	69 Women 13-14 500 Freestyle	20	2	10:56 AM	_____
Prelims	70 Men 13-14 500 Freestyle	20	2	11:08 AM	_____
Prelims	71 Women 11-12 200 Freestyle	20	2	11:19 AM	_____
Prelims	72 Men 11-12 200 Freestyle	19	2	11:24 AM	_____
	Swimmer Count for Warm-ups: 363	=====	=====		
	Entry / Heat Totals:	545	60		
	Finish Time			11:29 AM	_____

2009 Eastern Zone Short Course Championships
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Session Report

Session: 5 Friday - 10&Under Timed Finals

Day of Meet: 2 Starts at 01:20 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	212 Men 10 & Under 100 Freestyle	20	2	01:20 PM _____
Finals	213 Women 10 & Under 100 IM	20	2	01:24 PM _____
	Break: 8 Minutes			
Finals	214 Men 10 & Under 50 Breaststroke	18	2	01:36 PM _____
Finals	215 Women 10 & Under 100 Breaststroke	20	2	01:39 PM _____
	Break: 8 Minutes			
Finals	216 Men 10 & Under 50 Butterfly	18	2	01:51 PM _____
Finals	217 Women 10 & Under 50 Backstroke	18	2	01:54 PM _____
	Break: 8 Minutes			
Finals	218 Men 10 & Under 200 IM	20	2	02:05 PM _____
Finals	219 Women 10 & Under 200 Freestyle	20	2	02:12 PM _____
	Break: 8 Minutes			
Finals	220 Men 10 & Under 500 Freestyle	20	2	02:26 PM _____
	Break: 5 Minutes			
Finals	221 Women 10 & Under 400 Freestyle Relay	9	1	02:46 PM _____
Finals	222 Men 10 & Under 200 Freestyle Relay	10	1	02:51 PM _____
	Break: 8 Minutes			
	Swimmer Count for Warm-ups: 121	=====	=====	
	Entry / Heat Totals:	193	20	
	Finish Time			03:02 PM _____

2009 Eastern Zone Short Course Championships
Hosted by Fairport Swimming
Session Report

Session: 6 Friday - 11 & Over FINALS

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Women 11-12 200 Freestyle Relay	10	1	05:30 PM	_____
Finals	38 Men 11-12 200 Freestyle Relay	10	1	05:33 PM	_____
Finals	39 Women 15-18 200 Freestyle Relay	6	1	05:36 PM	_____
Finals	40 Men 15-18 200 Freestyle Relay	7	1	05:39 PM	_____
Finals	41 Women 13-14 200 Freestyle Relay	10	1	05:41 PM	_____
Finals	42 Men 13-14 200 Freestyle Relay	10	1	05:44 PM	_____
Finals	43 Women 11-12 200 Butterfly	19	1u	05:46 PM	_____
Finals	44 Men 11-12 200 Butterfly	19	1u	05:49 PM	_____
Finals	45 Women 15-18 200 IM	17	1u	05:52 PM	_____
Finals	46 Men 15-18 200 IM	17	1u	05:55 PM	_____
Finals	47 Women 13-14 200 IM	20	1u	05:58 PM	_____
Finals	48 Men 13-14 200 IM	20	1u	06:01 PM	_____
Finals	49 Women 11-12 100 IM	20	1u	06:04 PM	_____
Finals	50 Men 11-12 100 IM	18	1u	06:06 PM	_____
Finals	51 Women 15-18 50 Freestyle	14	1u	06:08 PM	_____
Finals	52 Men 15-18 50 Freestyle	17	1u	06:09 PM	_____
Finals	53 Women 13-14 50 Freestyle	20	1u	06:10 PM	_____
Finals	54 Men 13-14 50 Freestyle	20	1u	06:11 PM	_____
Finals	55 Women 15-18 200 Breaststroke	16	1u	06:13 PM	_____
Finals	56 Men 15-18 200 Breaststroke	16	1u	06:16 PM	_____
Finals	57 Women 13-14 200 Breaststroke	17	1u	06:19 PM	_____
Finals	58 Men 13-14 200 Breaststroke	18	1u	06:22 PM	_____
Finals	59 Women 11-12 100 Breaststroke	20	1u	06:25 PM	_____
Finals	60 Men 11-12 100 Breaststroke	17	1u	06:27 PM	_____
Finals	61 Women 15-18 100 Backstroke	12	1u	06:29 PM	_____
Finals	62 Men 15-18 100 Backstroke	15	1u	06:31 PM	_____
Finals	63 Women 13-14 100 Backstroke	20	1u	06:33 PM	_____
Finals	64 Men 13-14 100 Backstroke	20	1u	06:36 PM	_____
Finals	65 Women 11-12 50 Backstroke	20	1u	06:38 PM	_____
Finals	66 Men 11-12 50 Backstroke	19	1u	06:39 PM	_____
Finals	67 Women 15-18 500 Freestyle	17	1u	06:41 PM	_____
Finals	68 Men 15-18 500 Freestyle	18	1u	06:47 PM	_____
Finals	69 Women 13-14 500 Freestyle	20	1u	06:52 PM	_____
Finals	70 Men 13-14 500 Freestyle	20	1u	06:58 PM	_____
Finals	71 Women 11-12 200 Freestyle	20	1u	07:04 PM	_____
Finals	72 Men 11-12 200 Freestyle	19	1u	07:07 PM	_____
Finals	73 Women 15-18 200 Medley Relay	6	1	07:10 PM	_____
Finals	74 Men 15-18 200 Medley Relay	7	1	07:13 PM	_____
Finals	75 Women 13-14 200 Medley Relay	10	1	07:16 PM	_____
Finals	76 Men 13-14 200 Medley Relay	10	1	07:19 PM	_____
	Swimmer Count for Warm-ups: 190	=====	=====		
	Entry / Heat Totals:	631	40		
	Finish Time			07:22 PM	_____

2009 Eastern Zone Short Course Championships
Hosted by Fairport Swimming
Session Report

Session: 7 Saturday - 11 & Over Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	99 Women 11-12 500 Freestyle	20	2	09:00 AM	_____
Finals	100 Men 11-12 500 Freestyle	20	2	09:12 AM	_____
Prelims	101 Women 15-18 200 Backstroke	14	2	09:24 AM	_____
Prelims	102 Men 15-18 200 Backstroke	16	2	09:30 AM	_____
Prelims	103 Women 11-12 200 Breaststroke	20	2	09:36 AM	_____
Prelims	104 Men 11-12 200 Breaststroke	17	2	09:42 AM	_____
Prelims	105 Women 13-14 200 Backstroke	19	2	09:48 AM	_____
Prelims	106 Men 13-14 200 Backstroke	20	2	09:54 AM	_____
Prelims	107 Women 11-12 100 Backstroke	20	2	09:59 AM	_____
Prelims	108 Men 11-12 100 Backstroke	19	2	10:03 AM	_____
Prelims	109 Women 15-18 100 Freestyle	15	2	10:06 AM	_____
Prelims	110 Men 15-18 100 Freestyle	18	2	10:08 AM	_____
Prelims	111 Women 13-14 100 Freestyle	20	2	10:11 AM	_____
Prelims	112 Men 13-14 100 Freestyle	20	2	10:13 AM	_____
Prelims	113 Women 11-12 50 Freestyle	20	2	10:15 AM	_____
Prelims	114 Men 11-12 50 Freestyle	17	2	10:17 AM	_____
Prelims	115 Women 15-18 200 Butterfly	15	2	10:18 AM	_____
Prelims	116 Men 15-18 200 Butterfly	13	2	10:24 AM	_____
Prelims	117 Women 13-14 200 Butterfly	19	2	10:29 AM	_____
Prelims	118 Men 13-14 200 Butterfly	20	2	10:34 AM	_____
Prelims	119 Women 11-12 100 Butterfly	20	2	10:39 AM	_____
Prelims	120 Men 11-12 100 Butterfly	20	2	10:42 AM	_____
Finals-S	121 Women 15-18 1650 Freestyle	6	1	10:45 AM	_____
Finals-S	122 Men 15-18 1650 Freestyle	7	1	11:04 AM	_____
Finals-S	123 Women 13-14 1650 Freestyle	10	1	11:23 AM	_____
Finals-S	124 Men 13-14 1650 Freestyle	12	2	11:43 AM	_____
	Swimmer Count for Warm-ups: 333	=====	=====		
	Entry / Heat Totals:	437	49		
	Finish Time			12:20 PM	_____

2009 Eastern Zone Short Course Championships
Hosted by Fairport Swimming
Session Report

Session: 8 Saturday - 10&Under Timed Finals
 Day of Meet: 3 Starts at 02:15 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	223 Women 10 & Under 100 Backstroke	20	2	02:15 PM _____
Finals	224 Men 10 & Under 100 Backstroke	20	2	02:20 PM _____
	Break: 8 Minutes			
Finals	225 Women 10 & Under 50 Freestyle	20	2	02:32 PM _____
Finals	226 Men 10 & Under 50 Freestyle	19	2	02:35 PM _____
	Break: 8 Minutes			
Finals	227 Women 10 & Under 100 Butterfly	19	2	02:45 PM _____
Finals	228 Men 10 & Under 100 Butterfly	20	2	02:49 PM _____
	Break: 8 Minutes			
Finals	229 Women 10 & Under 200 Medley Relay	9	1	03:02 PM _____
Finals	230 Men 10 & Under 200 Medley Relay	10	1	03:05 PM _____
	Break: 8 Minutes			
	Swimmer Count for Warm-ups: 83	=====	=====	
	Entry / Heat Totals:	137	14	
	Finish Time			03:16 PM _____

2009 Eastern Zone Short Course Championships
Hosted by Fairport Swimming
Session Report

Session: 9 Saturday - 11 & Over FINALS

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-1	123 Women 13-14 1650 Freestyle	8	1	05:30 PM _____
Finals-1	124 Men 13-14 1650 Freestyle	8	1	05:49 PM _____
Finals	101 Women 15-18 200 Backstroke	14	1u	06:07 PM _____
Finals	102 Men 15-18 200 Backstroke	16	1u	06:10 PM _____
Finals	103 Women 11-12 200 Breaststroke	20	1u	06:13 PM _____
Finals	104 Men 11-12 200 Breaststroke	17	1u	06:17 PM _____
Finals	105 Women 13-14 200 Backstroke	19	1u	06:20 PM _____
Finals	106 Men 13-14 200 Backstroke	20	1u	06:23 PM _____
Finals	107 Women 11-12 100 Backstroke	20	1u	06:26 PM _____
Finals	108 Men 11-12 100 Backstroke	19	1u	06:28 PM _____
Finals	109 Women 15-18 100 Freestyle	15	1u	06:30 PM _____
Finals	110 Men 15-18 100 Freestyle	18	1u	06:32 PM _____
Finals	111 Women 13-14 100 Freestyle	20	1u	06:33 PM _____
Finals	112 Men 13-14 100 Freestyle	20	1u	06:35 PM _____
Finals	113 Women 11-12 50 Freestyle	20	1u	06:36 PM _____
Finals	114 Men 11-12 50 Freestyle	17	1u	06:38 PM _____
Finals	115 Women 15-18 200 Butterfly	15	1u	06:39 PM _____
Finals	116 Men 15-18 200 Butterfly	13	1u	06:42 PM _____
Finals	117 Women 13-14 200 Butterfly	19	1u	06:45 PM _____
Finals	118 Men 13-14 200 Butterfly	20	1u	06:47 PM _____
Finals	119 Women 11-12 100 Butterfly	20	1u	06:50 PM _____
Finals	120 Men 11-12 100 Butterfly	20	1u	06:52 PM _____
Finals-1	121 Women 15-18 1650 Freestyle	8	1	06:54 PM _____
Finals-1	122 Men 15-18 1650 Freestyle	8	1	07:13 PM _____
Finals	125 Women 11-12 200 Medley Relay	10	1	07:31 PM _____
Finals	126 Men 11-12 200 Medley Relay	10	1	07:34 PM _____
Finals	127 Women 13-14 400 Medley Relay	10	1	07:37 PM _____
Finals	128 Men 13-14 400 Medley Relay	10	1	07:42 PM _____
Finals	129 Women 15-18 400 Medley Relay	6	1	07:47 PM _____
Finals	130 Men 15-18 400 Medley Relay	7	1	07:52 PM _____
	Swimmer Count for Warm-ups: 169	=====	=====	
	Entry / Heat Totals:	447	30	
	Finish Time			07:57 PM _____